

Public Health Summit – US Mental Health and Substance Abuse Issues, Solutions, and Remaining Challenges

Time: September 10, 2016 (**Saturday**)

Place: Auditorium, Bioscience Education Building, **Montgomery College Germantown Campus** (20200 Observation Dr., Germantown, MD 20876)

Cost: **Free** and **open to the general public** (lunch provided)

Online Registration (by Sept 9, 2016 (Friday)):

<http://www.asq509.org/ht/d/DoSurvey/i/104214> Workshop will be conducted in **English**.

8:30 am – 9:00 am **Registration and Networking**
9:00 am **Workshop**

9:00 am – 9:10 am **Michael Smith, PhD - Program Manager and Director,**
Biotechnology BioTrain Program, Montgomery College



Dr. Smith will provide welcome remark representing Montgomery College, Maryland. <http://www.biotrain.org/>

9:10 am – 9:20 am **C.J. George Chang, DVM, MS, PhD - Chair, Biomed/Biotech**
Special Interest Group, American Society for Quality



<http://www.asq509.org/ht/d/sp/i/31557/pid/31557>

Dr. Chang will introduce summit background, theme, and speakers.

9:20 am – 9:45 am **Cpt. Siu-Ming Tomi Hong (retired) - US Army (retired), CFO,**
AmeriSci



Cpt. Hong will introduce his observation of the mental health and substance abuse issues within the armed force and veteran communities.

- Mental Health issues for Asian-American Veterans
- Awareness and available treatment facilities.

9:45 am – 10:05 am **Mark K. Li, MD, FACS - Primary Care Physician**



- Problems in mental health in primary care during my 33 years in Practice with some examples
- Awareness of issue while serving in MCHRC

- Why initiate a mental health project in the Chinese community.

10:05 am – 10:25 am **Mo-Ping Chow, MD, MRCP, FACP - Primary Care Physician**



According to the report from American Medical Association, the United States spent \$201 billion in 2013 to treat mental disorders, making it the most costly medical problems, even exceeding heart conditions (\$147 billion). Primary care physicians are at the frontier, guarding the health of citizens and wealth of the country. From my experience, approximately 10% of patient visits relate to mental health disorders of varying severity. However, often patients hide or discount mental health symptoms because of cultural taboo, fear of being ostracized, or because mental health is challenging for physicians to adequately address in busy practices. Three cities in Montgomery county are ranked the top 10 most diverse cities in the US. The racial and cultural diversity adds a layer of complexity on how to explore and provide mental health services for patients in need. I like to present a few common cases for us to explore in detail – to call attention to patients living with mental disorders and direct them to appropriate resources and support.

10:25 am – 10:40 am **M.K Lee, MS - Chair, Steering Committee of AAHI, Montgomery County, MD**



MK Lee is the current chair of Asian American Health Initiative (AAHI) steering committee. The AAHI Steering Committee comprises a professionally and ethnically diverse group of stakeholders from the local community who advocate, advise, and assist AAHI with its efforts to achieve health parity in Montgomery County. The devoted members of the Committee provide a wealth of expertise and intimate knowledge of their respective communities.

Representing the diverse Asian American communities in the county, the steering committee has regularly met with policy makers and key leaders in the local government on the unique needs of Asian American on mental health. In the presentation, Mr. Lee will cover the mental health needs from the local communities, advocacy efforts by AAHI steering committee and future direction on mental health.

10:40 am – 11:00 am **Perry Chan, MS - Program Manager, Asian American Health Initiative (AAHI), Montgomery County, MD**



The Asian American Health Initiative, a part of the Montgomery County Department of Health and Human Services, works to eliminate health disparities between Asian Americans and their non-Asian counterparts. For ten years, AAHI has worked within the community to identify the health care needs of Asian communities, develop culturally competent health care

services, and implement health education programs that are available and accessible to all Asian Americans in Montgomery County.

In 2015, AAHI expanded the reach of its work. Recognizing the need to address mental health in the Asian American community, AAHI initiated its own mental health project. The first products to come out of this project were mental health photonovel and mental health video. The photonovel gives readers an introduction to mental health in an easy-to-read format. This multilingual photonovel has become one of our most popular resources in helping to break down the stigma of mental health among Asian Americans in Montgomery County.

11:00 – 11:30 am **Xiao-Ping Shao, MD - Staff Psychiatrist, Veteran Affairs Medical Center, Washington DC; Adjunct Clinical Assistant Professor, George Washington University and Kate Lu, MS - Coordinator, Mental Health 360 and Clinical Director, Pan Asian Volunteer Health Clinic (CCACC)**



A brief overview of mental health issues in the US, among Asian Americans, particular Chinese Americans. As a mental health clinician, I mirror the opinions of the primary care physicians on mental health issues among Chinese Americans. I will be introducing the Mental Health 360 project. I will be giving a summary of the work we have done on the project in the past year. I will also be covering the plans and directions for the future.

11:30 am – 12:00 pm **Betty Tai, PhD - Director, National Drug Abuse Treatment Clinical Trials Network (CTN), NIDA, NIH**

The scope of the alarming prescription opioids abuse and overdose deaths: What are we going to do about it?



The abuse of and addiction to opioids is an alarming and serious public health crisis in the United States (US). Prescription opioid analgesics, such as hydrocodone, oxycodone, morphine and methadone used to treat both acute and chronic pain – have been increasingly implicated in misuse, abuse and drug over dose deaths over the last decades.

Since 1999, the number of overdose deaths involving opioids nearly quadrupled. From 2000 to 2014 nearly half a million people died from drug overdoses. Prescription drug overdose is now surpassing motor vehicle accidents. US DHHS has made addressing the opioid abusing problem a high priority and launched opioid initiative in March 2015. Three focused areas were identified: 1) improve opioid prescribing, 2) increase use and distribution of naloxone to reverse opioid overdose, and 3) expand medication assisted treatment (MAT) to reduce Opioid Use Disorder (OUD) and overdose.

12:00 pm – 12:40 pm **Networking Lunch and ASQ Presentation**

12:30 pm – 12:40 pm **ASQ509 President – Ronald Kelley, PhD**



Dr. Kelley will introduce briefly ASQ and ASQ509

12:40 pm – 2:40 pm

Community Outreach, Panel Discussion

12:40 – 1:00 pm

**Eugene Morris, LCSW-C - Manager of the
Montgomery County Dept. of Health and Human Services Access to Behavioral
Health**



Montgomery County, Maryland, is an example of a diverse economy and population in a state with universal health care because of decisions made flowing from the Affordable Care Act. The County government continues to work to make the system work well for all residents, attending to barriers to service or continued gaps in the system that require a new kind of safety net service.

1:00 pm – 1:40 pm Panel Discussion and Q/A

1:40 pm – 2:00 pm Feedback, Door-Prize Drawing, and Network

Acknowledgement

- 1. Workshop Sponsor: American Association of Medical Biosciences**
- 2. Co-Sponsors:
American Society for Quality Section 509
Montgomery College**