

# My Experiences as an FDA Statistician

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## Disclaimer

This presentation reflects the views of the author and should not be construed to represent the views or policies of the U.S. Food and Drug Administration.



## **FDA Mission**

- protecting the public health by assuring the safety, efficacy and security of human and veterinary drugs, biological products, medical devices, our nation's food supply, cosmetics, and products that emit radiation
- advancing the public health by helping to speed <u>innovations</u> that make medicines more effective, safer, and more affordable
- helping the public get the accurate, science-based information they need to use medicines and foods to maintain and improve their health
- regulating the manufacturing, marketing and distribution of tobacco products



#### **Centers at FDA**

- Center for Food Safety and Applied Nutrition (CFSAN)
- Center for Veterinary Medicine (CVM)
- Office or Regulatory Affairs (ORA)
- National Center for Toxicological Research (NCTR)
- Center for Biologics Evaluation and Research (CBER)
- Center for Tobacco Products (CTP)
- Center for Drug Evaluation and Research (<u>CDER</u>)
- Center for Devices and Radiological Health (CDRH)



\* Includes Support for Medical Imaging

\*\* Includes Support for OTC



## **Clinical Trials**

- Clinical trials: experiments done in clinical research to answer specific questions regarding biomedical or behavioral interventions, including new treatments
- Depending on development stages, trials may generate data on safety and/or efficacy.
- Drug Development Process:

Phase 0	Phase 1	Phase 2	Phase 3	Phase 4
P-K and P-D Studies in Humans	Screening for Drug's Safety	Establishing for Drug's Efficacy	Final Confirmation of Drug's Safety and Efficacy	Post- Marking Studies

- Investigational New Drug (IND) application: Before Phase 1
- New drug application (NDA): Completion of Phase 2 and 3



#### ICH E9: Statistical Principles for Clinical Trials

- Phase 2 Exploratory Trials: dose finding for efficacy
- Confirmatory trial: an adequately controlled trial in which the hypotheses are stated in advance and evaluated
- Primary vs. Secondary Endpoints
  - The primary endpoint should be the variable capable of providing the most clinically relevant and convincing evidence directly related to the primary objective of the trial.
  - Secondary variables are either supportive measurements related to the primary objective or measurements of effects related to the secondary objectives.



## **FDA Guidance**

Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products

- For drugs approved in US, the sponsors need to demonstrate the drugs are safety and effective with substantial evidence in at least two adequate and well controlled clinical trials.
- When only a single adequate and wellcontrolled study is conducted to demonstrate effectiveness of a new use, pertinent information from other adequate and wellcontrolled studies of a drug may be considered.



## **Statistical Hot Topics**

• Study Designs

**Enrichment designs** and Adaptive Designs

- Determination of Efficacy Endpoint
  - Continuous vs. Binary Endpoints
  - Clinical Outcomes vs. Patient Reported Outcomes
  - Co-Primary Endpoints vs. Composite Endpoints
  - Key Secondary Endpoints
- Multi-Regional Clinical Trials
- Missing Data Control and Analysis: LOCF, BOCF, MI, MMRM,...,etc.
- Study-wise Type I Error Control in terms of Multiplicity
- Subgroup Analysis
- Accelerated Approval through Surrogate Endpoint



#### **Enrichment Design**

- Sequential Parallel Design (SPD) for dealing with high placebo response
  - proposed by Fava et al. (2003) & SPD with re-randomization by Chen et al. (2011)





#### **Enrichment Design**

• Sequential Enriched Design (SED) for Dealing with High Placebo Response & Studying Target Patient Population





## **Rationale of SED**

- The target patient population is those who would respond to a drug but not to a placebo.
- A placebo lead-in phase is implemented before randomization to screen out those patients who would respond to placebo at the beginning of the trial.
- At the 2nd stage, only patients who are drug responders will be further re-randomized and studied.



#### Multi-Regional Clinical Trials (MRCT)

from Khin et al. 2013

 PLATO (Platelet Inhibition And Patient Outcomes) trial

Region	Total N	Ticagrelor N(%)	Clopidogrel N(%)	HR (95% C.I.)	P-Value
Overall	18,624	9,333 (9.8%)	9,291 (11.7%)	0.84 (0.77, 0.93)	<0.0003
Non-US	17,211	8,626 (9.6)	8,585 (11.8)	0.81 (0.74, 0.90)	<0.00001
US	1,413	707 (12.6)	706 (10.1)	1.27 (0.92, 1,75)	0.146



## Schizophrenia MRCT DATA

33 Trials with 12,585 patients from Chen et al., 2010



\* Russia 7%



#### **Treatment Effect by Region & Average**

from Chen et al. 2010





#### **Conventional Design for Phase 2 & 3**





#### Two-Stage Adaptive Phase 2/3 Seamless Design

Study Dose 1

Study Dose 2

Study Dose 3

Comparator (Placebo)





#### Clinical Trials in Pre-cirrhotic Non-alcoholic Steatohepatitis (NASH)

- NASH has been recognized as one of the leading causes of cirrhosis in adults and NASH related cirrhosis is currently the second indication for liver transplants in the United States [Younossi ZM et al., 2015]
- In a recently published study of 108 Non-alcoholic fatty liver disease (NAFLD) patients who had serial biopsies, 47% of patients with NASH had a progression of fibrosis, and 18%, had spontaneous regression of fibrosis over a median followup period of 6.6 years [McPherson S et al., 2015]
- Question: Can any clinical trials for treating NASH be conducted less than 6.6 years? With innovative design?



#### Phase 3/4 Seamless Design for Accelerated Approval





#### **Challenges with Accelerated Approval Trials**

- Need to plan far in advance for the entire phase 3/4 trial with the Statistical Analysis Plan submitted prior to trial initiation

   Major issue: <u>The overall type I error control</u>
- Retention of patients in a placebo-controlled trial after marketing approval
  - Placebo control is best
  - Potential for use of historical control, however may lack of data for the sought indication at this time.

#### Question: Can we consider other types of design?

• FDA Guidance for Industry—*E10 Choice of Control Group and Related Issues in Clinical Trials* (FDA, 2001)



## SED to be Considered for dealing with Placebo dropouts at Phase 4



• For NASH trials, the placebo lead-in could be replaced by Vitamin E non-responders.



## **Concluding Remark**

- Working at FDA as a statistician is rewarding
  - Making contributions for protecting public health
  - Personal and professional growth, in particular, have the opportunities to see the overall picture
- Many hot topics that Statisticians can help
  - Ensure the study drugs are safe and effective when marketing in US
  - Come up with innovative study designs, such as different enrichment designs and adaptive designs to shorten the drug development process